

INTER CARE

MANHATTAN · WESTCHESTER

Specialists in Alcohol and Substance Use Treatment

Early Intervention

Manhattan

*Tuesdays 4:30pm - 5:30pm
Wednesdays 5:30pm - 6:30pm*

Westchester

Thursdays 6:00pm - 7:00pm

These services are coordinated around an eight-week program developed for those who do not meet criteria for a substance use disorder, but who have exhibited signs of at-risk substance use. Participants include:

First-time positives on employer drug tests

Employees in safety-sensitive positions

DWI Referrals

Individuals who are resistant to treatment

Motivational strategies and standardized drug and alcohol assessment tools are used in therapeutic workshops to educate and increase awareness of the personal consequences of continued usage.

Topics covered in the program:

The Classes of Psychoactive Substances

What is a Substance-Use Disorder, and what is the progression from USE to ABUSE to DEPENDENCE?

Addiction and Brain Chemistry

Interpreting the Screening Tools

The Disease Model of Addiction

Predictors of Successful Change

The Stages of Change

Blood Alcohol Content (BAC) and Drunk Driving Statistics

To make a referral, please contact Ali at 212-532-5804 or email her at aparisi@inter-care.com

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