

# INTER CARE

MANHATTAN · WESTCHESTER

Specialists in Alcohol and Substance Use Treatment

## Early Intervention

*Manhattan*

*Tuesdays 4:30pm - 5:30pm  
Wednesdays 5:30pm - 6:30pm*

*Westchester*

*Thursdays 6:00pm - 7:00pm*

**These services are coordinated around an eight-week program developed for those who do not meet criteria for a substance use disorder, but who have exhibited signs of at-risk substance use. Participants include:**

*First-time positives on employer drug tests*

*Employees in safety-sensitive positions*

*DWI Referrals*

*Individuals who are resistant to treatment*

**Motivational strategies and standardized drug and alcohol assessment tools are used in therapeutic workshops to educate and increase awareness of the personal consequences of continued usage.**

**Topics covered in the program:**

*The Classes of Psychoactive Substances*

*What is a Substance-Use Disorder, and what is the progression from USE to ABUSE to DEPENDENCE?*

*Addiction and Brain Chemistry*

*Interpreting the Screening Tools*

*The Disease Model of Addiction*

*Predictors of Successful Change*

*The Stages of Change*

*Blood Alcohol Content (BAC) and Drunk Driving Statistics*

To make a referral, please contact Ali at 212-532-5804 or email her at [aparisi@inter-care.com](mailto:aparisi@inter-care.com)

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