

INTER CARE

MANHATTAN · WESTCHESTER

Trauma Treatment in Recovery: The Missing Link Presenter: Duncan Simpson, LMSW, Trauma Specialist

How Trauma Affects Individuals:

Chronic fear, anxiety, depression, sleep problems, pain, mood and behavioral issues are just some of the symptoms traumatized individuals may experience, often throughout their lifetimes.

Substance use is often the traumatized individual's attempt to manage these symptoms, a solution that often becomes its own problem and worsens the symptoms it was meant to manage.

What you will learn:

Gain a better understanding of how Trauma affects individuals and how it affects their recovery.

Learn how treating the underlying trauma while in substance abuse treatment can greatly reduce the likelihood of relapse, and can provide the foundation for a solid and lasting recovery.

Gain insight into EMDR and Neurofeedback treatments and how they are beneficial to someone affected by traumatic events.

Date: Wednesday June 27th, 2018
Location: Inter-Care, Ltd. Westchester Office
7 West Cross Street
Hawthorne, NY 10532
Registration: 9:30am
Training: 10am - 11:30am

Light Fare will be served

1.5 CASAC hours will be offered

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